

# PLYMOUTH PLAN

Caring Plymouth Scrutiny Panel

Thursday 5 March 2015



1. The Plymouth Plan is a ground-breaking plan which looks ahead to 2031 and sets a shared strategic direction of travel for the long-term future of the city. An important principle is that local people and communities of geography, identity and interest are at the heart of the plan.

2. The Plymouth Plan is being published in two parts;

- Part one sets out an overarching strategy for future change and growth in the city.
- Part two will set out detailed policies for different areas of Plymouth (Published for consultation in the autumn of 2015).

**The Plymouth Plan Team would like feedback and input from the panel on the content of specific policies set out in the draft Plymouth Plan.**

**Do you have any concerns about the content of any of the below policies?**

**It's important that any gaps or weaknesses in the content are identified at this early stage to inform decisions going forward so we would welcome any thoughts you may have.**

**4. Module 5 – How Plymouth will become a healthy city** (pg.35 of the Plan): The main aim of the content set out in this module is to bring together all aspects of what a healthy city might look like in 2031, particularly around the current integration agenda between health and social care and promoting choice and personal responsibility. It sets out health-enabling local policy to assist in the development of good quality local services that will serve generations to come.

**5. Strategic outcome for this module:** People in Plymouth live in happy, healthy, safe and aspiring communities, where social, economic and environmental conditions and services enable choices that add quality years to life and reduce the gap in health and wellbeing between communities.

6. Relevant policy areas in summary include:

**Policy 11 - Addressing health inequalities and non-communicable diseases** (see pg.37 for full policy)

- Delivering a 'Plan for health', prevention and promoting healthy lifestyle choices
- Healthy weight - effective prevention, identification, early intervention – addressing access to unhealthy diets
- Alcohol related harm and changing attitudes
- Smoke free Plymouth
- Misuse of substances - focus on recovery
- Mental wellbeing - improving access to services, integrating physical and mental health care, improving quality of life
- Health Impact Assessments.

**Policy 13 - Supporting healthy lifestyles** (see pg.40 for full policy)

- Access to healthy diets
- Access to food growing opportunities, allotments
- Access to healthy catering at sporting, leisure and cultural facilities
- Increasing participation in active lifestyles, opportunities for walking and cycling
- Planning powers - protect sporting facilities; refuse planning applications for new hot food takeaways (A5 use) in areas within a 400m radius of schools.

**Policy 16 - Delivering a safe and health-enabling transport system** (see pg.44 for full policy)

- Local transport system – improve health, protect environment, tackling air pollution
- Active travel - transport infrastructure, safe and convenient facilities
- Well connected neighbourhoods – transport that connects to jobs, health services, healthy food, sport and leisure
- All residents live within 400m of a bus stop, 20 mph speed limits.

**Policy 19 - Delivering clinical excellence and innovation** (see pg.49 & 50 for full policy)

- Derriford Hospital as a regional centre of excellence, influencing the local National Health Service - shaping health and care commissioning
- Commission for prevention, technological innovation
- Access to primary care services.